

### OUR MISSION:

To educate, advocate, and litigate for policy changes needed to improve the health and wellbeing of Louisiana's women, their families, and their communities.

## EXPAND ACCESS TO BIRTH CONTROL

Extending contraceptive supply limits in insurance coverage is crucial —data shows that overly restrictive prescription limits lead to unnecessary gaps in contraceptive use and can reduce unplanned pregnancies that result from delays in access. We support requiring insurance plans to cover the dispensing of up to a 12-month supply of prescribed self-administered contraceptives

Emergency contraception (EC), or the “morning-after pill,” is a safe and effective method of preventing unwanted pregnancy, but many hospitals do not inform rape survivors about EC nor make it available to them. We support laws requiring hospitals to provide survivors with information about EC and to dispense EC upon request.

## SUPPORT FOR PREGNANT AND PARENTING STUDENTS

Young people who are pregnant or parenting often face an environment of discouragement that pushes them out of school. Punitive absence policies impact pregnant or parenting students when they have to miss class for medical appointments, for their own medical recovery and needs, and when their children are ill or if their child care arrangements fall through. We support school policies that accommodate these students, including excusing all pregnancy related absences, supporting breastfeeding, and assisting with childcare

## PROTECT REPRODUCTIVE RIGHTS

We oppose any legislation that creates barriers to abortion access for Louisianans. Louisiana has some of the highest rates of unplanned pregnancy and pregnancy among young people. Yet contraception and abortion care is exceedingly difficult to access. We must ensure equitable access to contraception, sexual health education, and legal abortion no matter where you live or how much money you earn.

## PERIOD EQUITY

Students who can't access pads or tampons often can't concentrate in class, risk bleeding through their underwear, and are forced to miss class or school altogether, falling behind on lessons and grades. We support policies that would ensure students have free access to period products in their schools.

## PROTECT THE RIGHTS OF TRANS YOUTH

We believe self-determination and expression for all transgender and gender nonconforming people is a core human right. That is why we oppose any legislation that attacks gender affirming care or transgender student athletes.